

## PRODUCT OVERVIEW

# Certificate in Understanding the Care and Management of Diabetes

Level 2    ⋮    105gh    ⋮    16 credits

According to the World Health Organisation, three million people in the UK have diabetes, a disease affecting blood-sugar levels. There are also thought to be around 850,000 people with undiagnosed diabetes. Although there is no cure for diabetes, careful care and management of the condition can help maintain blood sugar levels and control symptoms. Left untreated, diabetes can lead to a number of health problems, including heart disease, stroke, nerve damage, kidney disease and eye and foot problems.

This comprehensive learning programme explores the different types of diabetes and how they can occur, and outlines how lifestyle changes can delay the onset of Type 2 diabetes. It also provides practical guidance about diabetes diagnosis, initial and ongoing care and controlling blood-sugar levels.

## Who is it for?

Understanding the Care and Management of Diabetes will be ideal for anyone whose work may bring them into contact with people who have diabetes. This includes health-care workers, people who work with children and young people, and those employed in the uniformed services. It may also be of interest to people who have diabetes themselves.

## What are the benefits of doing this course?

As well as providing learners with a nationally recognised qualification, this course will help them apply good practice relating to the care and management of diabetes, giving them confidence in their work. Furthermore, as diabetes is prevalent in our society and current trends suggest more and more people will become diabetic in the coming years, the practical understanding that learners will acquire from this programme will be useful throughout their working and personal lives.

The course also provides employers with a structured training programme that will meet the training needs of their employees, giving peace of mind that staff are equipped with the knowledge they need to support people with diabetes. A further benefit of using Hallmark's flexible learning resources is that staff can complete their programme at times and locations convenient to them, removing the need for them to spend time at college or away from work for long periods.



