

Certificate in Falls Prevention Awareness

Level 2 :: TQT 142 :: 118 GLH

As people age they become more and more susceptible to falls, and the statistics are startling. Six people over the age of 65 years fall every minute in the UK. That's 10,000 falls every single day. The personal costs can be devastating, including broken bones, reduced mobility, lost confidence and fear. In fact, the fear of falling again can be more debilitating than the physical injuries caused by a fall, with many people retreating into social isolation. As a result, falls are one of the major reasons why an older person has to move into residential care.

The reassuring news is that many falls are preventable with the right support and interventions in place. This course aims to increase people's awareness of falls and why they happen. It will also provide candidates with a comprehensive overview of the many strategies that can be used to prevent falls from happening.

Who's it for?

This qualification is aimed at anyone working in a health or social care environment, particularly those who support, or have contact with, older people who have an increased propensity to falls. It will also be useful to individuals who support family members or friends who are at risk of falling.

What are the benefits of doing this course?

Being more 'falls aware' can significantly reduce the number of falls that occur. As well as attaining a nationally recognised qualification upon completion, candidates will gain a thorough understanding of the common causes of falls and the risk factors, both personal and environmental, that increase the likelihood of falls. Candidates will also learn about numerous interventions that they and/or care organisations can take to prevent falls.

The course also provides employers with a structured training programme that will meet the training needs of their employees, giving peace of mind that staff are equipped with the knowledge they need to support people who are at risk of falling.

A benefit of using Hallmark's flexible learning resources that support the delivery of this qualification is that learners can complete the course at times and locations convenient to them.



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Progression opportunities

By undertaking this programme, learners will be able to further their own continuous professional development, which may improve their career prospects. Learners may then progress on to further qualifications, such as other courses in health and social care or related subjects. Visit www.hallmarkeducation.org.uk to view our extensive portfolio of qualifications and learning resources.

Information for learning centres

Qualification reference number:

603/2552/5

Awarding organisation:

NCFE CACHE (see www.cache.org.uk)

Course content

The Level 2 Certificate in Falls Prevention Awareness comprises four mandatory units that are presented in two concise module workbooks:

MODULE A:

Unit 01: Falls in context

Unit 02: The risk factors and causes of falls

MODULE B:

Unit 03: Falls assessment and prevention

Unit 04: Managing falls

Entry requirements

Learners should be aged 16 and over, but otherwise there are no specific entry requirements for this programme.

Course delivery and assessment

Hallmark publishes all the learning materials required to complete the qualification. These materials have been reviewed and officially endorsed by the Awarding Organisation, NCFE CACHE. The learning materials comprise a set of high-quality knowledge workbooks that are designed to suit a range of delivery methods. Within these workbooks, learners have the opportunity to work through a series of reflective activities that are designed to reinforce the learning process and test their knowledge. The materials also include assessment booklets that allow learners to complete a portfolio of evidence and demonstrate their achievement of all the learning outcomes associated with each unit. Hallmark also provides a comprehensive tutor guide to support centres delivering this qualification.



For further information, please contact:

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