

RSE/PSHE intent, implementation and impact.

2020/2021 Miss Coultas

Covid-19 adaptation

Children returning to school following lockdown have experienced loss (routine, freedom, relationships, social interaction structure) and have lived through a collective trauma. From loss emanates three significant dynamics that will impact majorly on the mental health of our children. Anxiety, trauma and bereavement are powerful forces. For them all to appear at once in an untimely and unplanned fashion is significant for the developing child. Our children are vulnerable at this time, and their mental health fragile. And on top of that, they are witnessing a sea of adult anxiety, which they unwittingly are absorbing.

As a school we are working closely with students and parents/careers to impliment a supportive and inclusive package to bridge any gaps due to time away from school. A school councilor along with the school nurse will be available in house for support.

Intent

Every pupil who attends Kickstart academy has been on a unique educational journey. We as a school are committed to being a positive and stabilising setting that endeavour to bridge gaps, re engage. Pupils are with us for varying amounts of time; therefore, our RSE/PSHE curriculum offer needs to be flexible, personalised and designed to support our young people to. Our aim is to provide a curriculum that enables each child to nurture their individual talents and raise aspirations.

Relationship and sex education (RSE) is lifelong learning about physical, moral and emotional development and the understanding of the importance of appropriate and safe relationships. RSE is recognised as a vital part of a child's education, ensuring they are ready for the social and emotional challenges of growing up. Our philosophy at Kickstart Academy is to provide a non-judgemental, safe environment for young people to believe in themselves, to show tolerance of other beliefs, religions and life choices. Students will develop skills and attributes to keep themselves healthy and safe. Our tailored age appropriate delivery aims for our students to develop an attitude of a responsible global citizen.

Implementation

Kickstart Academy recognises the important role that teachers play in supporting and guiding young people to make positive and healthy choices. As a staff body we will use Rise Above for Schools: a set of PSHE lesson plans to support teachers of 11 to 16-year olds in delivering key health messages and learning outcomes. The lesson plans aim to help teachers to engage young people in a variety of issues, including digital topics and mental health, and have been developed in conjunction with the PSHE Association. Staff recognise that all students have had a different educational journey, home environments and

individual learning attitudes therefore all subjects will embed key skills and topics into their scheme of work and lessons. This includes opportunities to link to British values, spiritual, Moral, Social and Cultural (SMSC) skills. Students will receive off timetable sessions that allow a more in depth approach each half term or as many as needed along side a current pressing topic.

Our Keeping Safe Curriculum that is embedded within our sessions, provides regular opportunities for pupils to learn about developing safe and healthy relationships. This covers aspects such as:

- Online safety
- Anti-bullying
- Keeping safe from abuse
- Healthy relationships
- First Aid

Here at Kickstart Academy we pride ourselves on knowing individual students needs, wants and feelings therefore each student will have access to pastoral support away from the group setting, each member of staff has extensive training on how best to support the social, emotional and psychical needs of the young people we work with and are able to signpost to agencies who can support further where appropriate. Our school will work closely with external agencies to provide age appropriate guidance such as sexual health education, help to quit services with the school nurse.

Students will develop good social attributes by working in small groups that allow each student to express themselves and listen to others, working with art, ICT and 1:1 pastoral meetings; students will build up a portfolio showcasing their work in PSHE/RSE.

Each student will be given the opportunity to engage in out of school programmes such as boxing, dancing, fishing amongst others, allowing them to find a passion which fulfils them psychically with their peers and the community.

Displays across the school enable students to make clear connections between subjects and the wider worlds ethos, this will be reinforced with consistent language used by all staff accompanied by appropriate resources. Each student will have 1:1 meetings with their learning mentor who can assist them further.

In line with the new recommendations of teaching RSE in National Curriculum (Feb 2019) The teaching and learning of RSE is planned explicitly, Children will become more aware of RSE and know the purpose of it. With Parent Consultations in place to inform them of the content of the RSE programmes planned information sessions, further support / clarification will be given if required as we work closely with parents and carers.

Impact

Irrespective of the students starting point, each young person will demonstrate and apply the British Values of Democracy, Tolerance, Mutual respect, Rule of law and Liberty. Moving on to the next stage of their life whether that be in further education or employment, students will hold healthy attitudes to what they can achieve in and provide to society. Students will develop positive and support relationships with peers and the wider community allowing them to achieve both now and in the future. Students will understand the importance age appropriate activity within the law and its consequences allowing them to make sound decisions for their own future. Students will be able to regulate their own emotions with the correct support where needed, to know their own self-worth. Students will hold the correct social skills alongside academic achievement to excel in their present and future.